

Mental Health Centre Equipment Campaign

\$1 Million Fundraising Campaign

Inspired by Hope

Queensway Carleton Hospital opened the doors to the beautiful, new, sun-filled Inpatient Unit in The Barbara Crook and Dan Greenberg Mental Health Centre. The Inpatient Unit is the first space to open to patients with the remainder of the project expected to be complete in 2023. When finished, this initiative will double the size of this important mental health facility.

This project is a reality, thanks in part to the outstanding generosity of our hospital supporters. Your thoughtful donations are ensuring patients in need of acute mental healthcare have access to the very best treatment, close to home.



Mural image on display in the comfort room.

In 2021 there was a 54% increase in the number of individuals admitted to hospital for medical in-patient support over the previous year. Overall, there was a 12% increase in the number of patients seeking care for mental health concerns.

Specialized equipment and furniture are needed for the new Mental Health Centre. If you would like to help provide patients with the most comfortable and therapeutic environment for care, your thoughtful donation can be used for the items below.

Mental Health Centre Furniture and Equipment Requirements:

- **Weighted Seating - Lounge Chairs and Rockers - \$15,000**
Featuring designs suitable for any location including the clinical and therapy rooms. The weighted chairs offer secure and comfortable seating for patients.
- **Weighted Waiting Room Chairs and Tables - \$15,000**
Using a soft colour palette and clean lines, these comfortable chairs and sturdy tables will be featured in the waiting area for patients and visitors.
- **Exercise Room Equipment - \$15,000**
A regular fitness routine can help reduce stress and improve overall mental health. Your donation will help purchase a treadmill, elliptical machine, exercise bike and other workout equipment.
- **Weighted Outdoor Patio Furniture - \$15,000**
By creating a custom outdoor space patients will have the opportunity to relax in the tranquil surroundings of the garden area while in a safe and secure environment.
- **ADL Kitchen Set-Up - \$15,000**
The kitchen is an important space in the facility and it's where nourishing meals will be created and where great conversations will be shared. To serve the needs of the patients, the kitchen will be equipped with all of the essentials – fridge, stove, dishwasher, microwave, blenders and mixers, pots and pans, cutlery, dishes and baking gear.
- **Beds - \$10,000 each (28 required)**
Focused on safety, these beds feature low platforms to help reduce falls and injuries and increase patient comfort for a secure sleeping environment.
- **Comfort Room Items (table, wall mural, mats) - \$5,000**
Blending together relaxation and tranquility, the comfort room items, including a nature-inspired mural, will offer patients a calming and comfortable environment.
- **Weighted Dining Room Seating - \$1,000 each (24 required)**
Blending safety and well-being into the design, each chair offers comfortable and secure seating.



Inpatient Bed designed for a safe and secure night's sleep.



Weighted Rocking Chair designed for comfort and security.

If you would like to learn more about the new Mental Health Centre or to make a donation in support of the equipment and furniture needs, please visit qchfoundation.ca/mhequipment or contact nfowler@qch.on.ca | 613-721-4731

