

Giving Matters

JULY 2018



Care Close to Home: Raising Funds for a New Mammography Unit

In September of 2017, we sent you an equipment appeal to help us bring a new mammography unit to our hospital. As we continue to work towards replacing older technology, the emotional experiences of our patients illustrate why mammograms are so important to the women and men of our community.

In November of 2015, Jenn had her first mammogram and needle biopsy, and was stunned to learn she had breast cancer. Although the diagnosis indicated early stage cancer, Jenn opted for a double mastectomy, removing both breasts in an effort to prevent the cancer from spreading. During surgery, more tissue was gathered for testing, and doctors discovered that the cancer had spread to her lymph nodes. Given this new information, Jenn had to make new decisions about her treatment, which took place

at Queensway Carleton Hospital (QCH) and the Irving Greenberg Family Cancer Centre.

"I felt comfortable here, and it was close to home, which we didn't even realize would be part of the convenience factor when you have to come to the hospital every single day. My husband was able to drive me and still go to work, I could drive myself even if I felt tired because I knew it wouldn't be a long drive home. And I was coming to a beautiful new treatment center, where I wasn't stuck in a dirty basement having radiology done."

As a young woman in her thirties, Jenn is now actively involved in the community as a breast cancer survivor, sharing her story and inspiring others. She is also a leader in philanthropy, raising continued on page 3

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A Safe Arrival Thanks to QCH "Superheroes"

Every day mothers and babies depend on Queensway Carleton Hospital. Thanks to your support, thousands of babies will have the best possible care and equipment when needed most. Over 2,300 babies are born each year at Queensway Carleton Hospital, and in recent years your generous contributions have helped QCH accomplish a lot, including opening a neonatal intensive care unit. Your gifts are especially valuable when you realize how quickly decisions need to be made to save a life, sometimes even the first moments of a baby's life.

Recently a donation was made to our Champion of Care program, a way for you to honour a staff member or department who helped make a difference in your experience at QCH. Lindsay arrived at QCH on February 12 for an induction at 39 weeks

pregnant and was advised to return the next morning to give birth to her daughter. All was



going well until the baby's heart rate dropped and she was in distress. Lindsay shares:

"The last thing I remember was being wheeled out of the labour room, staring back at my husband wondering if we were ever going to hold our little girl we tried so desperately to conceive... From discovering there was a lifethreatening issue to her delivery was 12 minutes. 12 to bring me to an operating room, explain what was happening, put me under general aesthetic, prepare my body for surgery and save our

daughter. In only 12 minutes the nurses and doctors at QCH saved a family from losing their baby."

On Feb 13 at 10:36 am, Shaylin Tara-Kathleen was born unresponsive and seizing via emergency C-section. The quick thinking and calm demeanor of Dr. Honey and the team of labour and delivery nurses, as well as Drs. MacDonald, Rochowski and Thorne saved Shaylin's life.

"You may think it's all in a day's work but to us, they are superheroes".

Every gift makes a difference in the lives of our patients. Your gifts helped to save little Shaylin's life, from her first breath. While our doctors and nurses are superheroes to many, the superheroes behind the scenes are, and always will be, you. Our donors.

Our Care — By the Numbers:



77,989 Emergency Visits



19,254 Day Surgery Cases



146,043
Diagnostic Imaging tests



49,856Cardiopulmonary Visits



Rehabilitation Outpatient Visits



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money for a new mammography machine at QCH by creating and promoting events like the Epic Walk with our partners at the Ottawa Regional Cancer Foundation.

"I wanted to try and give back to the community that has helped me. One of the reasons I am passionate about the new mammography machine is because I am younger; none of my friends are being screened yet, or have risk factors. This is the machine that will be testing my friends in the future."

Breast cancer will continue to affect thousands of women and men annually, and early detection is the best way to increase survival rates. Jenn is not only a survivor of breast cancer, she's a champion for all of us at QCH.

Your Dollars at Work:

Each year the QCH Foundation transfers funds raised to the Hospital to purchase state-of-the-art equipment to treat our patients. Having leading-edge patient care is key in meeting the complex healthcare needs of our community. Here is the impact your generous gifts have helped create for our hospital:

- Ortho-Power sets used in orthopedic procedures like knees, hips and shoulders
- Defibrillators to provide life saving equipment when Code Blue and ICU teams need it
- Infant incubator for those precious first moments of a baby's life

Why We Give We love hearing from our donors about why supporting QCH is so important to them!

Walter & Mary Chudobiak tell us: "We became serious donors of Queensway Carleton



Hospital in 2013. While in good health at that time we realized that we were privileged to have a world class hospital in West Ottawa, so close to our home. We were blissfully unaware (as many others are) of the fact that the province pays for only 90% of new buildings. The remaining 10% must be raised locally. When it comes to purchasing new capital equipment, the hospital Foundation must reach out to the community to raise 100% of the cost. With that understanding, we have requested that our donations be used for the purchase of diagnostic equipment as we believe that dedicated professionals such as nurses and physicians must have the necessary tools to provide world class care. We think of Churchill's timeless words, "Give us the tools and we will finish the job".

"Since 2013, we have used the hospital facilities for in-house care and for same-day appointments. Each time we were pleased and delighted to deal with friendly, professional and caring staff. We would like to encourage others in our community to also contribute as we are indeed fortunate to have the QCH in our community."

Donor Options: Joining our Circle of Friends



Queensway Carleton Hospital Foundation (QCHF) relies on our whole community to help us provide outstanding patient care. As a donor, we want you to give in a way that suits you best.



One option is monthly giving: over 700 donors make up our *Circle of Friends* monthly donor club. In March of this year, we welcomed a new donor to our *Circle of Friends*. **Mr. Percy Danby** experienced the kind of care we hope all of our patients and their families receive when using the services at Queensway Carleton Hospital. He appreciated the kind and compassionate care that he received from hospital staff and felt that it was never too late to give back. On October 1st, Mr. Danby will be celebrating his 100th birthday and we are ecstatic to welcome him to our monthly donor family!

Physician Perspective



The entire physician team at Queensway Carleton Hospital continues to be humbled by the outpouring of support we receive from our donors. Each and every donor makes a difference in the lives of the patients that we serve. With every donation, you are giving us the ability to put our leadership, skills and empathy to work to offer outstanding care with exceptional diagnostic and surgical equipment when needed most. Your dollars matter and your dollars help save lives and without your support we could not advance patient care in our community.

On behalf of doctors, nurses, staff and volunteers, thank you for your commitment to Queensway Carleton Hospital.

Dr. Andrew Falconer
Chief of Staff, Queensway Carleton Hospital



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